



CHECKING INSURANCE BENEFITS

This page will guide you through checking your nutrition counseling benefits to ensure that our time together is covered by your insurance plan.

Please note that Kaycie Rose Nutrition accepts Blue Cross Blue Shield of Minnesota, PreferredOne, and Aetna insurance. If you are contracted with another insurance company, we are more than happy to provide you with a superbill to submit to your insurance company for reimbursement for our sessions. ***The superbill does not guarantee reimbursement.***

CALL THE MEMBER SERVICES NUMBER ON THE BACK OF YOUR CARD AND ASK:

1. Does my plan cover outpatient nutrition counseling? (CPT Codes: 97802 and 97803)
 - If yes, how many sessions are allowed?
 - Does my plan **only** cover visits that are “medically necessary”?
 - If applicable, does my plan cover **virtual** nutrition counseling?

*Please note that as of March 20, 2020 Kaycie Rose Nutrition is **ONLY** seeing clients virtually due to the COVID-19 pandemic. It is important to inquire about virtual coverage specifically. Visit www.kayciorosenutrition.com for more information.

2. Do I have a deductible to meet first?
 - If yes, how much is the deductible?
 - How much of the deductible have you met?
3. Do I need a physician referral?
 - Note, if you need a physician referral this must be done at least **one week prior to our session**. You may need to provide the referral office the information located on the bottom of this form.
4. What is my co-pay amount for outpatient nutrition counseling?
5. Record the representative’s name and a reference number when checking your benefits. This information will be necessary if you ever need to dispute a rejected claim.

Phone: 612-360-6225

Fax: 888-509-6038

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